

P.E. Long Term Plan

Year group/term	1.1	1.2	2.1	2.2	3.1	3.2
1	Hand Eye Coordination	Team Gym	Dance	Team Games	Outside Sports and Athletics (Sports day practice incl.)	Outside Sports – Striking and Fielding
2	Hand Eye Coordination	Team Gym	Dance	Team Games	Outside Sports and Athletics (Sports day practice incl.)	Outside Sports - Striking and Fielding
3	Competitive Field Games	Indoor Athletics	Team Gym and Dance	Competitive Sports and Orienteering	Track and Field – Athletics (Sports day practice incl.)	Striking and Fielding
4	Competitive Field Games	Indoor Athletics	Team Gym and Dance	Competitive Sports and Orienteering	Track and Field – Athletics (Sports day practice incl.)	Striking and Fielding
5	Competitive Field Games	Indoor Athletics	Team Gym and Dance	Competitive Sports and Orienteering	Track and Field – Athletics (Sports day practice incl.)	Striking and Fielding
6	Competitive Field Games	Indoor Athletics	Team Gym and Dance	Competitive Sports and Orienteering	Track and Field – Athletics (Sports day practice incl.)	Striking and Fielding